

## Psychological First Aid and Psychosocial Support in Complex Emergencies (PFA-CE)

### Train the Trainers – Workshop for multipliers

### DRAFT AGENDA

**Meeting venue:**

**City Hotel Ljubljana**

Dalmatinova ulica 15

1000 Ljubljana

Slovenia

<https://www.cityhotel.si>

**Contact:**

***Slovenia (Local logistics and Coordination)***

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***Austria (Additional coordination and regional preparation)***

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**Trainers:**

- **Barbara Juen**, Professor for psychology, psycho-traumatology and acute interventions in emergencies, University of Innsbruck; Technical lead of the psychosocial services, Austrian Red Cross.
- **Monika Stickler**, Head of emergency medical services and psychosocial support, Austrian Red Cross
- **Alexander Kreh**, Project management psycho-traumatology and acute interventions in emergencies, University of Innsbruck

**Goals of the workshop:**

- Test and work through the training material developed.
- Provide enhanced capacities to participants to act as multipliers and integrate the training materials in their countries and/or national societies.

<b><u>Thu, 15. 11. 2018</u></b>	<b>Day 0 / Welcome</b>
17:00	Introduction and Preparations
19:00	Joint Walk to City Center and informal Dinner (tbc)

<b><u>Fri, 16. 11. 2018</u></b>	<b>Day 1</b>
9:00	Welcome and tour the table (Monika and Barbara)
9:30	Introduction and overview about ToT package – for teamleader/multiplicators: handbook, structure, best practice-examples, PowerPoint slides, didactics and methodology inputs (Barbara)
<b>10:30</b>	<b>Coffee break</b>
11:00	Caring for staff and volunteers – focus structure: main messages, selection, personal structure, education, preparation, information, peer-system (Monika)
<b>12:30</b>	<b>Lunchbreak</b>
13:30	Caring for staff and volunteers – intervention forms, Hobfoll principles – (Barbara and Monika)
<b>15:00</b>	<b>Coffee break</b>
15:30	Caring for staff and volunteers –Best practice example and checklists- Exercise (Monika)
16:30	Discuss implementation and create your own 4 hr curriculum (Monika, Barbara, Alex)
<b>17:30- 18:00</b>	<b>Feedback, Flashlight</b>
<b>19:30</b>	<b>Formal Dinner</b>
<b><u>Sat, 17.11.2018</u></b>	<b>Day 2</b>
09:00	General information about disasters, disaster management (terminology, definitions), crisis communication (Barbara)
<b>10:30</b>	<b>Coffee break</b>
11:00	General principles of PFA Hobfoll principles and good practice examples (Barbara)
<b>12:30</b>	<b>Lunch break</b>
13:30	Structures in different countries PSS/PFA Modules (Barbara and Monika)
<b>15:00</b>	<b>Coffee break</b>
15:30	PFA/PSS modules Exercise (Barbara and Monika)
16:30	Discuss implementation and create your own 4 hours-curriculum (Barbara, Monika, Alex)
<b>17:30-18:00</b>	<b>Feedback, Flashlight</b>
<b>19:30</b>	<b>Joint informal Dinner</b>
<b><u>Sun, 18.11.2018</u></b>	<b>Day 3</b>
09:00	Spontaneous Volunteers, terminology, risks and chances (Barbara, Alex)
<b>10:30</b>	<b>Coffee break</b>
11:00	Spontaneous volunteer management-checklists and best practice examples (Alex)
12:30	Discuss implementation (Barbara, Alex)
<b>13:30</b>	<b>Feedback and Closure (Barbara)</b>
<b>14:00</b>	<b>Lunch break (Departure of trainers)</b>
<b>15:00</b>	Reflections, feedback and extended discussion (AutRC and project team reps.)
<b>17:00</b>	<b>Closing of Workshop</b>